

SCHOOL HEALTH ADVISORY COMMITTEE

January 16, 2013

The School Health Advisory Committee (SHAC) met on Wednesday, January 16, 2013 at the Elementary School campus in Camp Wood with the following members present: Denise Rogers, Sulema Martinez, Luci Harmon, Doris Miles, Nicole Bingham, Kristi Powers, Candyce Shipman, Veronica Perez, Shelly Falcon, Jimmie May Baxter, and Karen Collins. Members Gloria Nevarez and Helen Adair were absent. Fredlyn Widener also attended the meeting.

The meeting was called to order at 2 p.m. The Minutes of the last meeting (October 17, 2012) were read by acting secretary Karen Collins and approved as read, following a motion by Mrs. Baxter, seconded by Mrs. Martinez, and approved unanimously by the group.

Chicken quesadillas, tea, and juice were served to the group by Mrs. Bingham, a sample of a new menu item being offered to students in the school cafeterias. All agreed they were very good.

Mrs. Harmon stated that she and Mrs. Powers had met with the people mentioned in last month's Minutes and talked about programs for fifth, sixth, and eighth grade students with positive results. The lady from Rural Border Initiative has talked to students about healthy choices and has already met with students who have tested positive for drug usage in our school. Mrs. Powers stated that the eighth grade health and speech classes had offered time for speakers for eighth graders, and that some programs were being considered for them at this time. The high school Co-Tran class has almost completed preparation of a video about bullying that will be shown to students in the near future.

Mrs. Bingham reported that students are becoming more receptive to new menu items that include whole grains. She stated that menus are posted on the NC website and copies are available for students to take home to their parents. Mrs. Miles reported that vision and hearing screens for students are complete, and a discussion about student Body Mass Index (BMI) followed.

The group agreed that the next meeting would be held on Wednesday, February 27.

Mrs. Widener then presented a power point about a program called Big Decisions, a sexuality curriculum, presented online to students. Others programs, including Aim for Success, Sex Ed Plus, and Power 2 Wait were discussed. Principals Luci Harmon and Kristi Powers agreed to look into these programs and have staff members review them before selecting specific programs. Mrs. Widener agreed to help with presentations to students.

The meeting was adjourned at 3:40, following a motion by Mrs. Harmon, seconded by Mrs. Falcon, and approved by the group.

Karen Collins, Acting Secretary

